Novel Blood Based Circulating Tumor Cell Biomarker For Breast Cancer Detection

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BACKGROUND AND PURPOSE

The goal of mammogram screening (and other breast-cancer screening tests) is to detect breast cancer earlier than it would otherwise manifest clinically, when it is more likely to be localized. Data clearly show that detection of breast cancers at smaller sizes and earlier stages is associated with better patient outcomes, lower morbidity, and reduced breast cancer deaths.^{1,2}

There is an unmet need for a blood test to detect breast cancer in women with dense breast tissue or clinically aggressive subtypes that may be missed by mammograms. Cell-free DNA in blood has shown 15-58% sensitivity for breast cancer.³ In this study, we evaluated the performance of a circulating tumor cell (CTC) assay as a complimentary biomarker for detecting breast cancer in an Asian population, which has high incidence of dense breast tissue.

METHODS AND STUDY DESIGN

A single-center, IRB-approved, prospective and blinded clinical study was conducted on 114 Taiwanese females with biopsy-confirmed breast cancer, and 50 healthy controls confirmed by ultrasound or mammogram [Fig.2]. Four milliliters of blood was collected prior to imaging and processed using the CellMax biomimetic platform (CMx PlatformTM) which enumerates CTCs utilizing selection criteria based on a set of markers (cytokeratin 18, mammaglobin, CD45), cell morphometry (size, N/C ratio) and nucleus morphology [Fig.3]. Logistic regression models for CMx CTC counts and patient age were used to assess the classification performance of the CMx test [Fig.4].





[Fig.3] This study uses a patented microfluidic platform that processes 2mL of patient whole blood. It is particularly sensitive due to a number of innovations, including a high affinity EpCAM antibody, a biomimetic surface coating that rejects most blood cells and ability to gently release captured CTCs via a proprietary air-foam release mechanism. CTCs are stained and confirmed with MGB and CK18 antibody that is more specific for the epithelial cells derived from the breast tissue

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circulating tumor cells (CTCs). The technological challenge lies in finding these extremely rare cells in the blood and to keep them viable for further analysis.

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Of the 114 cancer cases (80% were stage 0~2), the subtypes were confirmed for 102 (62% ER/PR+ HER2-, 22% HER2+, 16% TNBC). CTC count was a significant predictor of cancer status (Likelihood Ratio P-value = 0.0001). At 90% specificity (exact 95% CI: 78.2%, 95.6%) sensitivity was 56.3% (95% CI: 43.3%, 68.6%) for the most common subtype ER/PR+HER2-, 36.4% (17.2%-59.3%) for HER2+, 43.8% (19.8%-70.1%) for TNBC, and 46.5% (37.1% - 56.1%) overall.

Sensitivity was 62.5% (35.4%-84.8%) for late stage (Stage III/IV cancer) and 43.5% (33.2%-54.2%) for early stage (Stage 0, I or II cancer) patients. In the subset of 41 individuals with an indeterminate classification of BIRADS 3 (likely benign) or BIRADS 4 (likely malignant) sensitivity was 90% and specificity was 47.6% (95% CI: 25.7%, 70.2%).



CONCLUSIONS

Circulating tumor cells as a blood-based biomarker have great potential for use in the management of breast cancers. Testing for CTCs is efficient, non-invasive, and can improve the current standard of care. In this initial study, our CTC assay was shown to be a significant predictor of cancer by demonstrating robust performance in distinguishing breast cancer patients from healthy controls. The CTC assay can easily be combined with cfDNA to enhance detection rates. Proof-of-concept data also suggests potential for a rule out test to avoid unnecessary followup/biopsies in BIRADS 3/4 patients. This assay is rapid, inexpensive, and easy to implement in most clinical labs. Given its broad applicability, this technology has the potential to have a substantive impact on the diagnosis and treatment of many cancers.

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DISCLOSURE

The authors declare no conflicts of interest.

